

A high-angle photograph of a person kneeling on a dark carpeted floor. Their hands are clasped together in a prayerful gesture. They are wearing black shorts and light blue sneakers. The background is dark and out of focus.

You are alive in Christ

**COLOSSIANS**  
FULLNESS IN CHRIST

# Set your hearts on things above



- Since...
- Things above...
- “May your will be done on earth as it is in heaven.”

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# Set your mind on things above



- The dangers of dualism
- Hearts and minds



# For you died... Christ, who is your life...



- Died to the earthly way of living
- New life in Christ
- New creation: “the new self, which is being renewed in knowledge in the image of its Creator” (v.10)

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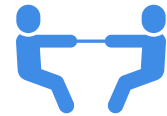
# Put off/to death earthly passions



“sexual immorality, impurity, lust, evil desires and greed, which is idolatry”



“anger, rage, malice, slander, and filthy language”



“do not lie to each other”; no racial or class distinctions



# God's chosen people, beloved



- Reminder of the covenant



# Put on/come alive...



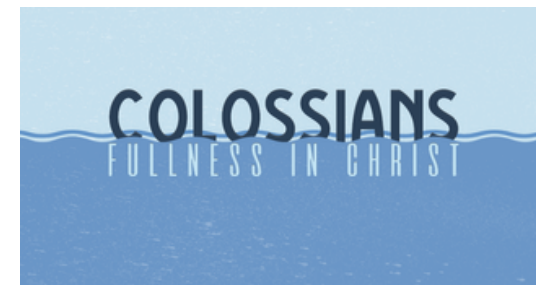
“compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another”



“love, which binds them all together”



“peace of Christ” / “be thankful”



# Practises enabling this transformation

1 “Let the message of Christ dwell among you richly”

2 “Teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God”

3 “And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus”

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# New creatures in Christ



- Living as new creatures
- Do everything in the name of Jesus

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# Application

1

**Work with the Spirit on the transformation.** What is one thing from the list you need to put off? What is one thing you need to put on?

3

**Be thankful.** Gratitude is mentioned three times. What is something you are grateful to God for in your everyday life?

2

**Love binds everything...** Ask yourself: “Is this next thing I am going to say/action expressing love?” Note love is tough, not just mushy.



# Fun activity



- What item of clothing represents what you need to 'put on' from that list?

e.g.

slippers of gentleness

beanie of humility

pyjamas of patience

jacket of love

